

HALLOWEEN



HISTORY

- **Samhain**
- Halloween, also known as All Hallows' Eve, can be traced back about 2,000 years to a pre-Christian Celtic festival held around Nov. 1 called Samhain (pronounced "sah-win"), which means "summer's end" in Gaelic, according to the Indo-European Etymological Dictionaries.

TRADITION

Costumes and trick-or-treating

The tradition of dressing in costumes and trick-or-treating may go back to the practice of "mumming" and "guising," in which people would disguise themselves and go door-to-door, asking for food, Santino said. Early costumes were usually disguises, often woven out of straw, he said, and sometimes people wore costumes to perform in plays or skits



TRICKS AND GAMES

Tricks and games

These days, the "trick" part of the phrase "trick or treat" is mostly an empty threat, but pranks have long been a part of the holiday.



JACK-O'-LANTERN

A **jack-o'-lantern** (or jack o'lantern) is a carved pumpkin or turnip lantern, associated with the holiday of Halloween and named after the phenomenon of a strange light flickering over peat bogs, called **will-o'-the-wisp** or *jack-o'-lantern*. In a jack-o'-lantern, the top of the pumpkin or turnip is cut off to form a lid, the inside flesh is scooped out, and an image — usually a monstrous or comical face — is carved out of the rind to expose the hollow interior.



HAPPY HALLOWEEN

